



A meal plan allots a certain number of meals per week to your card, ranging from 5 to 19 per week. Each meal period (breakfast, lunch, and dinner at the TSU Dining Hall) is considered a "meal." When you enter a dining establishment, your card is swiped and one meal is taken off your card. Meals do not transfer from week to week. One meal may be used per period.

- 19 Meals per week with 50 declining points
- 14 Meals per week with 200 declining points
- 9 Meals per week with 400 declining points
- 7 Meals per week with 500 declining points
- 5 Meals per week with 600 declining points

\*Prices are subject to change. Any unused declining points shall be carried over from the fall semester to the spring semester. Any unused declining balance dollars at the end of the spring semester shall be forfeited.

The meal plan options are available to all matriculating students at Texas Southern University. All students participating in the university meal plan program will be required to pay the full amount of the select meal plan. No changes or request for cancellation of the meal plan after the twelfth (12th) class day of each academic semester are allowed. All meal plans are billed to your university student account.

Having trouble selecting a meal plan? Try considering your daily routine...Do you eat three meals a day? Will your class schedule, studying, extracurricular activities and social events interfere with dining? Will you miss dinner due to employment or evening classes? Anticipating the answers to these and similar questions will help you select a meal plan that best fits your lifestyle.

### Tiger 1 I.D. Card

The meal plan you have selected is simply loaded onto your Tiger 1 I.D. Card and can be used at all dining locations on campus. By selecting a meal plan, you are entitled to the purchasing power equivalent to the plan you have selected. Eat on campus...we always have a space for you! Purchase a minimum \$300 Declining Balance for undergrads or \$500 for upperclassmen. Utilize them at TSU Dining Hall, and use your declining balance at WoW, Einstein's Bros. Bagels, Pizza Hut, Cub Corner, Tiger's Lair, and Jazzman's Café®

Declining Balance can be used to purchase additional food or meals, a cup of coffee before class or a sandwich.

Refill your Tiger Bucks accounts in the Student Center at the Tiger One PHIL Station.



### Featuring Your Favorites...!

Finding your favorite foods on campus is a snap. We are proud to offer a dining program complete with signature brands and menu selections that entail just about every item you can imagine. Just feast your eyes on our many selections!

**Beverages:** We offer a variety of carbonated beverages and juices to quench your thirst.

**Desserts:** Finish off a wonderful meal with a mouthwatering assortment of pastries, breads, and desserts.

**Deli:** Sometimes a great deli sandwich just hits the spot! Satisfy your craving by letting our staff put together your own creation from a large assortment of fresh deli meats, toppings, and condiments served with a variety of breads.

**Entrée/ Vegetarian:** Your home for your favorite comfort foods featuring an assortment of entrees such as lasagna, baked chicken, and rice. This station features a daily vegetarian option.

**International:** Straight from the pan to the plate, these piping hot dishes are sure to delight you.

**Grill:** Mouth-watering quarter pound burgers and specialty sandwiches topped the way you like them and served in a basket with fries just like an old fashioned drive-in.

**Innovations:** Get a fresh sizzlin' salad prepared before your eyes with a variety of ingredients to choose from!

**Salad Bar:** Get your fill of assorted home made soups and other delectable accompaniments all farm fresh.

**Soup:** Enjoy our selection of featured soups! Just like home.

**Pizza:** Your favorite pizzas and freshly baked pasta dishes with your favorite toppings, hot out of the our oven right to your plate.

**We Proudly Brew:** Our coffee station features Starbuck's coffee!

### Jazzman's Cafe in the Law School

Located on the first floor of the Thurgood Marshall School of Law off of Tierwester and Wheeler. You can have a nice sit down meal or grab it to go featuring gourmet coffee. The perfect meal for a lawyer in training. Visit our new Jazzman's Café! Smoother than Ella, hotter than Miles, Jazzman's Café® is pure improvisation. A coffee shop plus a whole lot more! Jazzman's Café® has multiple components to its menu featuring drinks and smoothies. Fresh baked goods are baked on site daily. A variety of fresh made sandwiches and salads round out the menu.



### Cub Corner in the Rec Center

Cub Corner is a popular stop wherever it travels, providing quality prepackaged foods as well as complimentary hot and cold beverages. Now featuring Simply To Go! Simply To Go offers fresh food that is convenient, packaged, and ready to go. This program features high quality prepared foods that balance important customer needs for convenience and speed. At the same time, it offers operational efficiencies, allowing us to attract more customers and serve them faster than ever.



### WoW in the Game Room

We are proud to announce our newest addition to TSU Dining Services, WoW Café & Wingery, which opened in the spring of 2010! Located in the game room on the second floor of the Ernest S. Sterling Student Life Center. WOW Café & Wingery is a world of wings and so much more! Wraps, salads, chicken tenders, fajitas, quesadillas, ribs, red beans and rice, Texas toast burgers, and of course, wings. Come play and enjoy WoW today!



### A&W: All American Food in the Ernest S. Sterling Student Life Center

Remember the days when great-tasting food was served up with a frosty mug and a warm smile? Well, those days have never left at A&W. Offering burgers, hot dogs, French fries, onion rings, and of course, our famous A&W Root Beer® the way you like it, the way you remember.



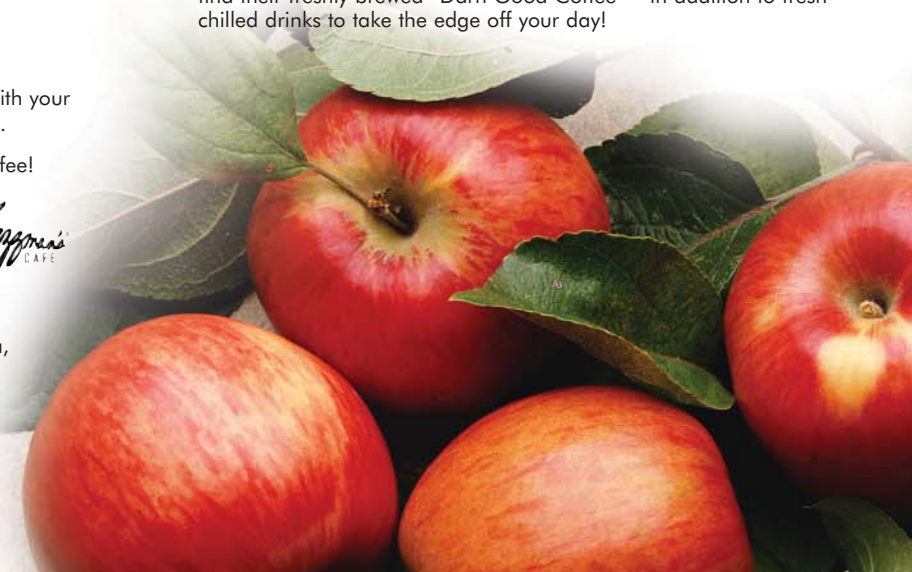
### Pizza Hut Express in the Ernest S. Sterling Student Life Center

Pizza Hut pizzas are made with fresh dough prepared daily and smothered with Pizza Hut's own special tomato sauce, tender meat toppings, and a layer of mozzarella cheese.



### Einstein Bros. Bagels in the Science Building

Don't be fooled by the name – Einstein Bros. Bagels serves much more than their signature freshly baked bagels smothered in your choice of cream cheese schmears. Located in the Science Building, Einstein Bros. Bagels also offers a wide variety of exceptional morning alternatives. It doesn't stop there. Come lunch time enjoy bistro salads and sandwiches. Other offerings at Einstein's include muffins, cookies, and pastries. And of course, you'll always find their freshly brewed "Darn Good Coffee" – in addition to fresh chilled drinks to take the edge off your day!





### Lost Your Meal Card?

Notice of lost/stolen cards or unauthorized card use should be reported immediately by phone, in person, or in writing to Texas Southern University, Tiger 1 Card Office, Sterling Student Center, Houston, Texas 77004. The phone number is 713-313-7029. Business hours are 8:00am-5:00pm Monday through Friday. Students have the option of deactivating their card by logging into the Community Online System at tiger1card.tsu.edu. All cards found after the card is deactivated must be reactivated in the Tiger 1Card Office, located on the 2nd floor of the Student Center. The photo must be the same person requesting the reactivation of the card.

### Dining Policies & Procedures

One of our main goals is to provide a pleasant, clean, comfortable and satisfying dining experience. In order to meet this goal, we ask for your assistance with the following procedures:

- Please bus your tray and disposables from your table when you have finished dining.
- Please refrain from taking food, dishes or utensils from the dining area.
- Remember that Tiger 1 cards are non-transferable. Tiger 1 cards cannot be used by anyone but the purchaser.
- Identification cards are required by university policy. Therefore all students that reside in TSU campus housing must acquire a University ID. The board plan operation requires the use of the Tiger 1 Card to provide the meal service to residential students.

These cards are valuable property and have a monetary value, so keep an eye on your card! ID's are non-transferable. They must be presented to the checker at each transaction. These cards can be used not only at a dining services location, but also at locations around campus, such as vending machines and the library.



### Catering Services

We are pleased to be able to offer a full repertoire of catering services as part of our Campus Dining Program. From simple parties and bountiful buffets, to elaborate dinners and elegant events, our catering department can be the solution to your special event needs. For more information, call our catering department at 713-313-1919, or fax 713-313-7727.

### Campus Dining Employment

Earn extra income while on campus, make friends, have fun and learn something by being a Campus Dining Service's employee. We offer flexible hours to fit your class schedule, competitive wages and the benefit of working "close to home." Interested students should contact 713-313-4489 to find out which units currently offer a position and hours that will fit with your academic schedule!

### FAQs (Frequently Asked Questions)

**Q: How do I sign up for a declining balance plan?**

**A:** Please visit the Housing Office, located at 3505 Blodgett Street (entrance on Tierwester Street). For more information, please call 713-313-7206.

### The Perfect Time To Dine

Our dining program has been designed with you in mind. Flexibility, varied hours and a choice of dining locations will all enable you to find the perfect place at the perfect time. Please refer to our dining schedule when planning your meals.

#### Student Center Café

Monday - Friday	
Breakfast	7:00am - 9:00am
Lunch	11:00am - 2:00pm
Dinner	4:30pm - 7:30pm

#### Saturday & Sunday

Brunch	10:30am - 1:30pm
Dinner	4:00pm - 6:00pm

#### A&W All American Food/Pizza Hut Express

Monday - Friday	10:00am - 9:00pm
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#### Cub Corner in the Rec Center

Monday - Friday	9:00am - 4:00pm
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#### Jazzman's Café® in the Law Center

Monday - Thursday	8:00am - 9:00pm
Friday	8:00am - 6:00pm

#### WoW Café & Wingery in the Game Room

Monday - Friday	11:00am - 10:00pm
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#### Einstein Bros. Bagels in the Science Center

Monday - Thursday	7:00am - 5:00pm
Friday	7:00am - 3:00pm



### Call Us!

We invite and encourage you to call us anytime with questions, comments or suggestions about our campus dining program. Your feedback is always welcome as it can only help us to serve you better.

**Joe Rodriguez** - General Manager  
Jose.Rodriguez2@sodexo.com  
713-313-4490

**Roland Stamps** - Operations Manager  
Roland.Stamps@sodexo.com  
713-313-4489

**Pablo Pena** - Catering Manager  
Pablo.Pena@sodexo.com  
713-313-1919

**Alan Mallet** - Executive Chef  
Alan.Mallet@sodexo.com  
713-313-4489

**Retail Manager**  
713-313-4489

**Barbara Reynolds-Albrecht** - Administrative  
713-313-4489

**Campus Services and Operations**  
713-313-4307

[www.tsudiningservices.com](http://www.tsudiningservices.com)

### At Your Service

It will be our pleasure to offer you the best that Campus Dining has to offer. We wish you the very best for your academic year, and of course, happy eating!



**Balance Mind Body Soul** is a holistic or integrated approach to wellness and fitness that considers the whole person. Fitness and wellness are a balance of lifestyle choices and events--- *physical, mental and emotional*. It is not about fads or fad diets. It is about maintaining balance in one's life.

Each month Sodexo Campus Services features a new range of topics which are available on site and in more depth at [www.balancemindbodysoul.com](http://www.balancemindbodysoul.com).

# Texas Southern University

## Dining Services

### 2010 - 2011

